BPRD 3RD AND 4Th GRADE BASKETBALL

ENERGY WELLNESS CENTER

FALL OF 2025

Beulah Parks and Recreation will be offering a six-week basketball program for area 3rd and 4th grade boys & girls at the Energy Wellness Center. This six-week program will teach youth the basics of basketball through a variety of drills and games.

Practice #1 for Boys: Tues, Oct 28th, 6:30-7:30 pm

Practice #1 for Girls: Thurs, Oct 30th, 6:30-7:30 pm

After their 1st practice, boys will continue to meet on Tuesdays, 6:30-7:30 pm, plus Saturdays, 9:00-10:00 am, through Dec 9thth (with the exception of Thanksgiving week….no ball on either Nov 25th or Nov 29th)

After their 1st practice, girls will continue to meet on Thursdays, 6:30-7:30 pm and Saturdays, 10:30-11:30 am (with the exception of Thanksgiving week….no ball on either Nov 27th or Nov 29th); last day on Dec 11th

Register by October 27th at the Energy Wellness Center; Fee = $40

You can also register on-line at [www.beulahparks.com](http://www.beulahparks.com)

Late fee of $45 charged after October 27th

For communication purposes, please download the Heja app on your smartphones, so you can receive and send messages regarding Grades 3-4 BB……use this code to join the group: MY-001370

Name of Participant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

T-shirt Size: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Youth S/M/L or Adult S/M/L)

Grade Level: \_\_\_\_\_\_\_\_\_; Parents’ Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact/Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Statement of Release: I agree to release the City of Beulah, the Beulah Parks & Recreation Dep’t, and all their employees of all liabilities related to accidents or injuries which myself or a member of my family might incur while participating in the above-stated activity. I also give permission for emergency medical procedures to be administered if I cannot be contacted in the event of an emergency.

Signature of Parent: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_;Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Any health factors of which we should be aware: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_